

**Forest Academy
Child Safety Guidance September 2020**

Keeping Clean (Hygiene) and Keeping my Distance (Social Distancing)

- I will stay at home if I don't feel well.
- I will clean my hands after I have been to the toilet, for 20 seconds each time, using soap and water.
- My teachers will ask me to use alcohol hand rub each time I enter my classroom - they will help me use this safely.
- I will try to catch a sneeze or cough in a tissue and then put it in the bin straight away. If I can't, I can use my sleeve or hand and ask to wash them straight away.
- I will try to keep my hands away from my face. No nose picking, please!
- I will try to stay away from all other people - at least the full span of my stretched out arms.
- I will have my seat in the classroom. On my desk, I will have my own resources (pencil, rubber, ruler, etc) and books. I do not share these and I do not touch other people's belongings. I can remind other children not to touch mine.
- My water bottle stays on my desk.
- We will keep doors and windows open. I may bring a cardigan or light coat if I need to.
- My parents will apply sun-cream at home before school if it's a hot, sunny day
- My teachers will help me with ideas and equipment that I can play safely with.
- My teachers will wipe and clean the surfaces and objects we touch often. This may seem new or strange, but it is to keep our bubble safe
- I will not bring any toys or objects into school except a packed lunch, water bottle and a sun hat/jacket if needed.
- I will wear my uniform and will need to remember my PE kit on PE days. My teacher will tell me when we have PE when I start school.

Class Information

- My class bubble will have its own classroom.
- I will have my own peg. My teachers will show me where it is.
- I will keep my water bottle on my desk.
- I can bring a piece of fruit as a snack for morning break.

Moving Around the School with my Class Bubble

- I will line up keeping my distance from the children in front and behind. There are floor markings and posters to help me remember where to stand to be safe.
- I will keep a distance of 1m from others wherever I am, even if I am doing PE in the hall.
- I will keep left in the corridors.
- Only one child in the toilet at a time. I will wait my turn patiently. I will remember to wash my hands well after using the toilet using soap.
- I will be unable to use the water fountains. My water bottle will be available at both break and lunchtime.

Playtimes and lunchtime

- My bubble will have their own play time and resources to play with. I will stay in this zone and only play with the children in my bubble.
- If it is wet play, I will stay in my class bubble.
- I will choose whether I am having a school dinner or packed lunch for the whole half term. I will no longer be able to change day to day.

• Fire Evacuation and drills (Practice)

- I will still practise staying safe in case of a fire with my bubble. This is just a practice but I will still remember all the rules. Stay apart from others, walk calmly, be silent, wait with my teacher until we know the building is safe.

Behaviour and following the rules

- I will follow the class rules. My teachers will remind me of these.
- I will follow any new rules for my bubble, like keeping apart from others and staying at my table.
- I will follow the Forest Academy core values and will continue to be polite, hard-working and kind.
- I will always use hand sanitizer when I enter my classroom and when an adult is present. I will not put it into my mouth.
- If I need to go to the toilet in class, I will ask an adult and they will write my name in the toilet book. This is to make sure only one child goes to the toilet at a time.
- Each time I go to the toilet, I will wash my hands with soap and water afterwards for 20 seconds.
- I will never cough or sneeze on others on purpose. I will not make fun of anyone wearing a mask if they need to.
- If I choose to wear a mask to school, I will remove it as soon as I arrive at school.
- I will not break the keeping apart rules on purpose. This will make everyone worried and sad 😞

- I will only bring in the resources from home that I am allowed to.
- Coronavirus is not something funny to joke about. I will not make fun of others, suggest that have the virus or come from a country that is to blame for it. I will try to remember this.

Behaviour and following the rules at playtimes and lunchtimes

- I will only play with the children in my class bubble during playtime and lunchtime and stay within my playzone.
- I will only play with the equipment for my bubble and look after it and play with it correctly. If it gets damaged or goes into another playzone, I will tell the member of staff on duty.
- I will not play games with my friends in my class that involve any form of touching. If I do accidentally touch someone or bump into them, I will say sorry.
- If I need to go to the toilet, I will ask my adult who is supervising me for permission. If the toilet is busy, I will wait patiently until it is my turn and wash my hands properly for 20 seconds afterwards.

Feeling unwell or sick in school

- If I become unwell in school, I will be taken to the medical room or another room and looked after until my parents can collect me. I cannot stay in school if I don't feel well or if I have been sick, have a cough or a cold.

- The adults looking after me will comfort and reassure me but they will stay nearby, still 2 meters apart if this is safe. They may need to wear gloves, an apron or a mask to keep us both safe. I will not need to worry. They won't look scary and I will still see their smiley eyes and hear their gentle voice.

My feelings

- If I feel sad, angry or upset, I will tell an adult. They will help me.
- I may have a lot of questions about why things have changed. It is ok to ask questions.
- If I need a lot of help getting used to the new bubble class or saying goodbye to my parents, an adult will wait patiently, spend time with me and help me until I feel better again.
- I need to tell an adult if I don't feel happy in any way.
- There will be lots of opportunities for me to talk about my feelings in class (if I want to)
- I can also visit Time to Talk at break or lunchtimes if I am worried about anything.

Questions and answers

Is it ok if I feel wobbly on the first day? Will somebody help me?

Yes, they will. It is normal to feel nervous or anxious when things have changed.

The adults will understand and they will help you until you feel calm and happy.

Will somebody help me if I am hurt?

Yes, they will. The adults may wear gloves, an apron or a mask, but they will definitely help you!

Will someone help me if I have an accident (wee or poo myself)?

Yes, they will. The adults may wear gloves, an apron or a mask, but they will definitely help you!

Why do I have to come back to school?

The government has asked schools to welcome children back. Your parents and teachers have agreed this is the right thing for you.

Will I still do home-learning if I am coming to school?

No, you won't be doing home learning any more but you can still learn interesting things at home, bake, do crafts, etc.

Is a bubble a real bubble?

No, we call it bubble because it is a class and it will stay away and not mix with other bubbles (classes).

Will my classroom look the same?

No. Your classroom will look different, but it will still be friendly. You will have your own seat at a table and all the tables will face towards the front of the class. You will have someone sat next to you and your own set of resources to use.

Will my teacher teach me?

Yes, but it may be that you have a different teacher for some lessons. Your teacher will be friendly and helpful. That's a Forest Academy promise!

Will I be told off if I forget the rules? Will the adults be angry?

No, the adults will remind you gently and in a friendly way if you forget. Adults will only feel disappointed or sad if you break the rules on purpose.

Can I change class bubbles or ask to play with friends from other bubbles? Sorry, no. You won't be able to do this.



We are all really looking forward to welcoming you all back to Forest Academy and can't wait to see you next week!

Best wishes,

Mrs Oldfield and Mrs Wray