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Monday 18th July 2022

Dear Parents/Carers,

Relationship and Sex Education in Year 6

This week we will be looking at the following areas as part of the ongoing programme of Relationship, Sex and Health Education (RSHE) within our school. These topics cover some elements of science and some elements of Personal, Social and Health Education (PSHE):

Puberty
Relationships
Conception and pregnancy

Through the above topics your child will learn to:

- Identify the physical changes associated with puberty
- Show awareness that feelings change during puberty and these changes can affect our relationships
- Use appropriate language to discuss puberty and growing up with confidence
- Know what menstruation is and effective methods for managing menstruation
- Know what wet dreams are and effective methods for dealing with wet dreams
- Know the key male and female body parts associated with conception and pregnancy
- Define conception and understand the importance of implantation in the womb
- Know what pregnancy is, where it occurs and how long it takes

Boys and girls will be split into separate groups with Mrs Dennis and Miss Billard teaching the girls and Mrs Coombs and Mrs Thorne teaching the boys. Age appropriate questions that arise from the children will be answered honestly. Any resources that we will be using have been reviewed by the RSHE coordinator to ensure they are appropriate to the age and needs of the children.

We recognise that parents play an important part in their child's RSHE, and we would like to encourage you to explore these topics with your child at home as well. If further advice or support is required please do not hesitate to speak to your child's class teacher.

You have the right to withdraw your child from the conception part of the lessons. If you wish to do so you must put this in writing and return it to the office, addressed to Mrs. Lloyd, as soon as possible.

Yours sincerely,

Mrs Dennis, Mrs Coombs & Miss Billard