

Transforming children's lives through partnership and collaboration



Mr. R Carpenter - CEO Mrs. S Lloyd - Headteacher Bridle Road, Croydon CR0 8HQ Telephone 020 8777 2808

Email: <u>info@inspireforest.co.uk</u> Website: www.forestacademy.org.uk

Thursday 30th March 2023

Dear Parent/Carer of #name

Y5 SWIMMING LESSONS - beginning Monday 17th April 2023

We are pleased to inform you that all Year 5 children will have swimming lessons at Royal Russell School for the summer term. We hope that by providing these sessions for your child, they will be able to swim independently, which is a life skill that may promote a lifelong love of swimming and could even save their life one day.

The lessons should continue in the autumn term and you will be contacted again at a later date with the details.

The children will travel by bus and tram to the Royal Russell swimming pool accompanied by school staff. Your child will need to bring a **towel** and **swimming trunks/one-piece costume** each week, and will need to wear a **swimming cap** if they have long hair. Children can also wear **goggles** if they so wish. Earrings must be removed by your child and children are not to swim with open wounds or if wearing plasters.

Swimming is part of the National Curriculum and every child must take part in lessons unless there is a medical reason not to. A note of explanation to your child's teacher, or the office would be appreciated if your child is unwell and unable to participate in a class. We would require a doctor's letter if your child's illness persists and they miss more than two swimming lessons in a row.

Also, if your child has been absent due to illness the Friday/Monday before, they will not be able to go swimming the following week/day.

Please go on the Arbor app and register your child for the swimming lessons. You will find it under the 'Activities' section and then the 'Trips' option.

If you have any queries, please speak to the class teachers or the office.

Thank you for your ongoing support.

Yours sincerely,

Mrs. Dennis and Mrs. Open

