

# Inspire Partnership Academy Trust First Aid and Medicines Policy



Approval Date:	December 2023
Approved by:	Trust Board
Policy Owner:	Alan Williams
Review date:	December 2024

December 2023



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#### 1. Statement of Intent

The Governors and Head Teacher(s) of Forest Academy believe that ensuring the health and welfare of staff, pupils and visitors is essential to the success of the school.

We are committed to:

- Providing adequate provision for first aid for pupils, staff and visitors.
- Ensuring that pupils with medical needs are fully supported at school.

Procedures for administering medicines and providing first aid are in place and are reviewed regularly.

We will ensure all staff (including supply staff) are aware of this policy and that sufficient trained staff are available to implement the policy and deliver against all individual healthcare plans, including in contingency and emergency situations.

We will also make sure that the school is appropriately insured and that staff are aware that they are insured to support pupils in this way.

In the event of illness, a staff member will accompany the pupil to the school office/medical room. In order to manage their medical condition effectively, the school will not prevent pupils from eating, drinking or taking breaks whenever they need to.

The school also has a Control of Infections Policy which may also be relevant and staff should be aware of.

The policy applies to all relevant school activities and is written in compliance with all current UK health and safety legislation and has been consulted with staff and their safety representatives (Trade Union and/or Health and Safety Representatives).

Name: A Lawrence

(Chair of Trustees)

Name: S Lloyd

Signature: Span

(Headteacher)

Date: 21st December 2023



#### **Review Procedures**

This policy will be reviewed regularly and revised as necessary. Any amendments required to be made to the policy as a result of a review will be presented to the Board of Trustees for acceptance.

#### **Amendments**

The Policy Document has been amended in light of updated guidance on supporting pupils with medical conditions, drafted by the Department of Education for maintained schools and proprietors of academies in England. It is the responsibility of the Head Teacher to ensure that the complete amendment is incorporated into all copies of the document and recorded accordingly on the Amendment Sheet. Copies of pages made redundant by the amendment are to be disposed of immediately and not to be retained for any reason.

### **Distribution of copies**

Copies of the approved policy will be shared to relevant staff including the Headteacher, first aiders and the premises team as well as board members and displayed on the school website.



### 2. Roles and Responsibilities

#### 2.1 The Trust Board

- 2.1.1 The Trust Board has ultimate responsibility for health and safety matters in the school
- 2.1.2 The Trust Board delegates operational matters and day-to-day tasks to the Head of School and staff members.

### 2.2 The Headteacher

The Headteacher is responsible for the implementation of this policy, including:

- 2.2.1 Ensuring that an appropriate number of appointed persons and/or trained first aid personnel are present in the school at all times and that their names are prominently displayed throughout the school.
- 2.2.2 Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role.
- 2.2.3 Ensuring all staff are aware of first aid procedures.
- 2.2.4 Ensuring appropriate risk assessments are completed and appropriate measures are put in place.
- 2.2.5 Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place.
- 2.2.6 Ensuring that adequate space is available for catering to the medical needs of pupils.
- 2.2.7 Reporting specified incidents to the Health and Safety Executive (HSE), when necessary.

### 2.3 The School Nurse/ Healthcare Professional

- 2.3.1 The School will be allocated a school nurse or other suitably qualified healthcare professional; this person will have the lead role in ensuring that pupils with medical conditions are identified and properly supported in schools, including supporting staff on implementing a pupil's Healthcare Plan.
- 2.3.2 The School healthcare professional will work with the Headteacher to determine the training needs of school staff.
- 2.3.3 Suitable cover will be provided in the absence of the school nurse/healthcare professional.

### 2.4 Appointed person(s) and first aiders

- 2.4.1 The school's appointed persons are responsible for:
  - Taking charge when someone is injured or becomes ill
  - ➤ Ensuring there is an adequate supply of medical materials in first aid kits, and replenishing the contents of these kits
  - Ensuring that an ambulance or other professional medical help is summoned, when appropriate



- 2.4.2 First aiders are trained and qualified to carry out the role and are responsible for:
  - Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment.
  - Sending pupils home to recover, where necessary
  - Filling in an accident report on the same day, or as soon as is reasonably practicable, after an incident.
  - Keeping their contact details up to date.

#### 2.5 Staff Trained to Administer Medicines

- 2.5.1 Members of staff in the school who have been trained to administer medicines must ensure that:
  - > Only prescribed medicines are administered and that the trained member of staff is aware of the written parental permission outlining the type of medicine, dosage and the time the medicine needs to be given.
  - > Wherever possible, the pupil will administer their own medicine, under the supervision of a trained member of staff. In cases where this is not possible, the trained staff member will administer the medicine.
  - > If a child refuses to take their medication, staff will accept their decision and inform the parents accordingly.
  - Records are kept of any medication given.

#### 2.6 Other Staff

School staff are responsible for:

- 2.6.1 Ensuring they follow first aid procedures.
- 2.6.2 Ensuring they know who the first aiders in school are and contact them straight away.
- 2.6.3 Completing accident reports for all incidents they attend to where a first aider is not called.
- 2.6.4 Informing the Headteacher or their manager of any specific health conditions or first aid needs.



### 3. Arrangements

#### 3.1 First Aid Boxes

- 3.1.1 The first aid posts are located in:
  - KS1 Playground
  - KS2 Playground
  - Medical Room

### 3.2 Medication

- 3.2.1. Pupils' medication is stored in:
  - A locked cupboard or fridge (if required) in the medical room

#### 3.3 First Aid

- 3.3.1. In the case of a pupil accident, the procedures are as follows:
  - The member of staff on duty calls for a first aider; or if the child can walk, takes him/her to a first aid post and calls for a first aider.
  - > The first aider administers first aid and records details in the treatment book.
  - ➤ If the child has had a bump on the head this must be recorded and relevant staff advised to monitor behaviour throughout the day. See NHS guidance in Appendix 11.
  - > Full details of the accident are recorded in the accident book and/or other recording system
  - ➤ If the child has to be taken to hospital or the injury is `work' related then the accident is reported to the Executive team
  - ➤ If the incident is reportable under RIDDOR (Reporting of Injuries, Diseases & Dangerous Occurrences Regulations 2013), then the accident is also reported to the Executive team

#### 3.4 School's Insurance Arrangements

3.4.1. The school is insured via membership of the Department for Educations Risk Protection Agreement (RPA)

#### 3.5 School Visits

- 3.5.1. In the case of a **residential visit**, the residential first aider will administer First Aid. Reports will be completed in accordance with procedures at the Residential Centre.
- 3.5.2. In the case of day visits a trained First Aider will carry a travel kit in case of need.
- 3.6 Administering Medicines in School



- 3.6.1. **Prescribed medicines** may be administered in school (by a staff member appropriately trained by a healthcare professional) where it is deemed essential. Most prescribed medicines can be taken outside of normal school hours. Wherever possible, the pupil will administer their own medicine, under the supervision of a member of staff. In cases where this is not possible, the staff member will administer the medicine.
- 3.6.2. If a child refuses to take their medication, staff will accept their decision and inform the parents accordingly.
- 3.6.3. In all cases, the school must have written parental permission outlining the type of medicine, dosage and the time the medicine needs to be given. These forms are available in the school office.
- 3.6.4. Staff will ensure that records are kept of any medication given.
- 3.6.5. Non-prescribed medicines may not be taken in school.

### 3.7 Storage/Disposal of Medicines

- 3.7.1. Wherever possible, children will be allowed to carry their own medicines/ relevant devices or will be able to access their medicines in the School office for self-medication, quickly and easily. Pupils' medicine will not be locked away out of the pupil's access; this is especially important on school trips. It is the responsibility of the School to return medicines that are no longer required, to the parent for safe disposal.
- 3.7.2. Asthma inhalers will be held by the school for emergency use, as per the Department of Health's protocol.

### 3.8 Accidents/Illnesses requiring Hospital Treatment

- 3.8.1. If a child has an incident, which requires urgent or non-urgent hospital treatment, the school will be responsible for calling an ambulance in order for the child to receive treatment. When an ambulance has been arranged, a staff member will stay with the pupil until the parent arrives, or accompany a child taken to hospital by ambulance if required.
- 3.8.2. Parents will then be informed and arrangements made regarding where they should meet their child. It is vital therefore, that parents provide the school with up-to-date contact names and telephone numbers.

### 3.9 Defibrillators

- 3.9.1. Defibrillators are available within the school as part of the first aid equipment. First aiders are trained in the use of defibrillators.
- 3.9.2. The local NHS ambulance service have been notified of its location.

### 3.10 Pupils with Special Medical Needs – Individual Healthcare Plans

- 3.10.1. Some pupils have medical conditions that, if not properly managed, could limit their access to education. These children may be:
  - > Epileptic



- Asthmatic
- Have severe allergies, which may result in anaphylactic shock
- Diabetic

Such pupils are regarded as having medical needs. Most children with medical needs are able to attend school regularly and, with support from the school, can take part in most school activities, unless evidence from a clinician/GP states that this is not possible.

- 3.10.2. The school will consider what reasonable adjustments they might make to enable children with medical needs to participate fully and safely on school visits. A risk assessment will be used to take account of any steps needed to ensure that pupils with medical conditions are included.
- 3.10.3. The school will not send pupils with medical needs home frequently or create unnecessary barriers to pupils participating in any aspect of school life. However, school staff may need to take extra care in supervising some activities to make sure that these pupils, and others, are not put at risk.
- 3.10.4. An individual health care plan can help schools to identify the necessary safety measures to support pupils with medical needs and ensure that they are not put at risk. The school appreciates that pupils with the same medical condition do not necessarily require the same treatment.
- 3.10.5. Parents/guardians have prime responsibility for their child's health and should provide schools with information about their child's medical condition. Parents, and the pupil if they are mature enough, should give details in conjunction with their child's GP and Paediatrician. The school nurse may also provide additional background information and practical training for school staff.
- 3.10.6. The procedure that will be followed when the school is first notified of a pupil's medical condition:
  - o An individual healthcare plan will be completed by the parent/carer
  - Our SENDCo/s will meet with the parent/carer to discuss the child's medical need
  - School staff will be informed where appropriate
  - Training will be provided if needed
  - o Risk assessment will be put into place where appropriate
  - Medicine (where provided) will be stored and administered as and when identified in the plan

This will be in place in time for the start of the relevant school term for a new pupil starting at the School or no longer than two weeks after a new diagnosis or in the case of a new pupil moving to the School mid-term.

#### 3.11 Accident Recording and Reporting

#### 3.11.1 First aid and accident record log

- An accident form will be completed by the relevant member of staff on the same day or as soon as possible after an incident resulting in an injury. A copy will be communicated to parents.
- > As much detail as possible should be supplied when completing the accident form.
- A copy of the accident report form will also be added to the pupil's educational record by the relevant member of staff.



Records held in the first aid and accident book will be retained by the school for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of.

### 3.11.2 Reporting to the HSE

- The Headteacher will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).
- The Headteacher will report these to the Health and Safety Executive as soon as is reasonably practicable and in any event within 10 days of the incident. Reportable injuries, diseases or dangerous occurrences include:
  - o Death
  - Specified injuries, which are:
    - Fractures, other than to fingers, thumbs and toes
    - Amputations
    - Any injury likely to lead to permanent loss of sight or reduction in sight
    - Any crush injury to the head or torso causing damage to the brain or internal organs
    - Serious burns (including scalding)
    - Any scalping requiring hospital treatment
    - Any loss of consciousness caused by head injury or asphyxia
    - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
    - Injuries where an employee is away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident).
  - Where a work related accident leads to a member of the public being taken to hospital
  - Near-miss events that do not result in an injury, but could have done. Examples of near-miss events relevant to schools include, but are not limited to:
    - The collapse or failure of load-bearing parts of lifts and lifting equipment.
    - The accidental release of a biological agent likely to cause severe human illness.
    - The accidental release or escape of any substance that may cause a serious injury or damage to health.
    - An electrical short circuit or overload causing a fire or explosion.
- ➤ Information on how to make a RIDDOR report is available here:

How to make a RIDDOR report, HSE

http://www.hse.gov.uk/riddor/report.htm

### 3.11.3 Notifying parents

> The school office or first aider who has administered the first aid check will inform parents of any accident or injury sustained by the pupil, and any first aid treatment given, on the same day.

#### 3.11.4 Reporting to Ofsted and child protection agencies

> The Headteacher will notify Ofsted of any serious accident, illness or injury to, or death of, a pupil while in the school's care. This will happen as soon as is reasonably practicable, and no later than 14 days after the incident.



> The Headteacher will also notify the relevant Local Authority of any serious accident or injury to, or the death of, a pupil while in the school's care.

### 4. Conclusions

4.1 This First Aid and Medicine policy reflects the school's serious intent to accept its responsibilities in all matters relating to management of first aid and the administration of medicines. The clear lines of responsibility and organisation describe the arrangements which are in place to implement all aspects of this policy.



### **Contacting Emergency Services**

	est for an Ambulance 99, ask for ambulance and be ready with the following information:			
1.	Your telephone number:			
2.	Give your location as follows (insert school address)			
3.	State that the postcode is:			
4.	Give exact location in the school (insert brief description)			
5.	Give your name:			
6.	Give name of child and a brief description of child's symptoms			
-	7. Inform Ambulance Control of the best entrance and state that the crew will be met and taken to the casualty clearly and slowly and be ready to repeat information if asked			
Put a	completed copy of this form by the telephone			



### **Health Care Plan**



Daily Care Requirements	
Who is Responsible for Daily Care	
Transport Arrangements	
If the pupil has life- threatening condition, specific transport healthcare plans will be carried on vehicles	
School Trip Support/Activities Outside School Hours	
(e.g. risk assessments, who is responsible in an emergency)	
Form Distributed To	
Date	
Review date	
This will be reviewed at least an	nually or earlier if the child's needs change
	ade in relation to the child travelling to and from School. ing condition, specific transport healthcare plans will be



# Parental agreement for Forest Academy to administer medicine (one form to be completed for each medicine)

unless you complete and sign this form.
ith label as dispensed by pharmacy
/
res/No (delete as appropriate)
ne safely to school office
y knowledge, accurate at the time of writing and I give ff administering medicine in accordance with the school, in writing, if there is any change in dosage or frequency ped.



### Record of regular medicine administered to an individual child

Name of school
Name of child
Date of medicine provided by parent/
Group/class/form
Name and strength of medicine
Quantity returned home and date
Dose and time medicine to be given
Staff signature
Signature of parent



Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			
Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			
<u> </u>			
Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			
Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			



Name of child			
Name and strength of medic	cine		
Doce and time modicine to	ho givon		
Dose and time medicine to l	be given		
Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			
Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			
Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			
Date	/	/	/
Time given			



Dose given			
Name of member of staff			
Staff initials			
Observations/comments			
Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			
Date	/	/	/
Time given			
Dose given			
Name of member of staff			
Staff initials			
Observations/comments			



# INDICATION FOR ADMINISTRATION OF MEDICATION DURING SEIZURES

Name	D.O.B
Initial medication prescribed:	
Route to be given:	
Usual presentation of seizures:	
When to give medication:	
Usual recovery from seizure:	
Action to be taken if initial dose not effect	ctive:

This criterion is agreed with parents' consent. Only staff trained to administer seizure medication will perform this procedure. All seizures requiring treatment in school will be recorded. These criteria will be reviewed annually unless a change of recommendations is instructed sooner.

This information will not be locked away to ensure quick and easy access should it be required.



### **SEIZURE MEDICATION CHART**

Name:	
Medication type and dose: _	
Criteria for administration:	

Date	Tim e	Given by	Observation/evaluation of care	Signed/date/tim e



<b>EpiPen®: EMERGENCY INSTRUCTIONS</b>	FOR AN ALLERGIC REACTION
Child's Name:	
DOB:	
Allergic to:	
ASSESS THE SITUATE	ION
Send someone to get the emergency	kit, which is kept in:
IT IS IMPORTANT TO REALISE THAT THE STAG INTO EACH OTHER RAPIDLY AS A	
MILD REACTION	ACTION
	Give
<ul> <li>Generalised itching</li> <li>Mild swelling of lips or face</li> <li>Feeling unwell/Nausea</li> </ul>	(Antihistamine) immediately
• Vomiting  SEVERE REACTION	Monitor child until you are happy he/she has returned to normal.
<ul> <li>Difficulty breathing/choking/coughing</li> <li>Severe swelling of lips/eyes/face</li> <li>Pale/floppy</li> <li>Collapsed/unconscious</li> </ul>	



### **ACTIONS**

1.		_EpiPen® out and send someone to telephone 999 and
	tell the operator that the child is ha	aving an
	1000	/

#### 'ANAPHYLACTIC REACTION'

- 2. Sit or lay child on floor.
- 3. Take EpiPen® and remove grey safety cap.
- 4. Hold EpiPen® approximately 10cm away from outer thigh.
- 5. Swing and jab black tip of EpiPen $\circledR$  firmly into outer thigh. MAKE SURE A CLICK IS HEARD AND HOLD IN PLACE FOR 10 SECONDS.
- 6. Remain with the child until ambulance arrives.
- 7. Place used EpiPen® into container without touching the needle.
- 8. Contact parent/carer as overleaf.



### **Emergency Contact Numbers**

Mother:	
Father:	
Other:	
Signed Head teacher:	Print Name:
Signed parent/guardian:	Print Name:
Relationship to child:	Date agreed:
Signed Pediatrician/GP:	Print Name:
Care Plan written by:	Print Name:
Designation:	
Date of review:	



Date	Time	Given by (print name)	Observation/evaluation of care	Signed/date/time

Check expiry date of EpiPen® every few months



ANAPEN®: EMERGENCY INSTRUCTIONS FOR	R AN ALLERGIC REACTION
Child's Name:	
DOB:	
Allergic to:	
ASSESS THE SITUATION	
Send someone to get the emergency kit,	which is kept in:
IT IS IMPORTANT TO REALISE THAT THE STAGES I INTO EACH OTHER RAPIDLY AS A REA	
MILD REACTION	ACTION
<ul> <li>Generalised itching</li> <li>Mild swelling of lips or face</li> <li>Feeling unwell/Nausea</li> <li>Vomiting</li> </ul>	Give ————————————————————————————————————
SEVERE REACTION	Monitor child until you are happy he/she has returned to normal.

- Difficulty breathing/choking/coughing
   Severe swelling of lips/eyes/face
   Pale/floppy
   Collapsed/unconscious





### **ACTIONS**

1.	Get	ANAPEN® out and send someone to telephone 999 and tell
	the operator that the child is	having an

### 'ANAPHYLACTIC REACTION'

- 2. Sit or lay child on floor.
- 3. Get ANAPEN® and remove black needle cap.
- 4. Remove black safety cap from firing button.
- 5. Hold ANAPEN® against outer thigh and press red firing button.
- 6. Hold ANAPEN® in position for 10 seconds.
- 7. Remain with the child until ambulance arrives. Accompany child to hospital in ambulance.
- 8. Place used ANAPEN® into container without touching the needle.
- 9. Contact parent/carer as overleaf.



### Medication given in School (note to parent/carer)

Name of school	
Name of child	
Group/class/form	
Medicine given	
-	
Date and time given	
_	
Reason	
Signed by	
Print Name	
Designation	



### **STAFF TRAINING RECORD - Administration of Medicines**

SCHOOL		

Name	Job Title	Training	Date Undertaken	Date Refresher Required	Date Refresher Undertaken



### **Guidance on Head Injuries**

Go to A&E If:	Call 999 if:
You or your child have had a head injury and have:	Someone has hit their head and has:
<ul> <li>been knocked out but have now woken up</li> <li>vomited (been sick) since the injury</li> <li>a headache that does not go away with painkillers</li> <li>a change in behaviour, like being more irritable or losing interest in things around you (especially in children under 5)</li> <li>been crying more than usual (especially in babies and young children)</li> <li>problems with memory</li> <li>been drinking alcohol or taking drugs just before the injury</li> <li>a blood clotting disorder (like haemophilia) or you take medicine to thin your blood</li> <li>had brain surgery in the past</li> <li>You or your child could have concussion. Symptoms usually start within 24 hours, but sometimes may not appear for up to 3 weeks</li> </ul>	<ul> <li>been knocked out and has not woken up</li> <li>difficulty staying awake or keeping their eyes open</li> <li>a fit (seizure)</li> <li>fallen from a height more than 1 metre or 5 stairs</li> <li>problems with their vision or hearing</li> <li>a black eye without direct injury to the eye</li> <li>clear fluid coming from their ears or nose</li> <li>bleeding from their ears or bruising behind their ears</li> <li>numbness or weakness in part of their body</li> <li>problems with walking, balance, understanding, speaking or writing</li> <li>hit their head at speed, such as in a car crash, being hit by a car or bike or a diving accident</li> <li>a head wound with something inside it or a dent to the head</li> <li>Also call 999 if you cannot get someone to A&amp;E safely</li> </ul>

For further guidance see the NHS advice: <a href="https://www.nhs.uk/conditions/head-injury-and-concussion/">https://www.nhs.uk/conditions/head-injury-and-concussion/</a>



### **Further Guidance**

Further guidance can be obtained from organisations such as the Health and Safety Executive (HSE) or Judicium Education. The following are some examples. The H&S lead in the school will keep under review to ensure links are current.

- HSE https://www.hse.gov.uk/
- Department for Education and Skills <u>www.dfes.gov.uk</u>
- Department of Health www.dh.gov.uk
- Disability Rights Commission (DRC) www.drc.org.uk
- Health Education Trust https://healtheducationtrust.org.uk/
- Council for Disabled Children www.ncb.org.uk/cdc
- Contact a Family www.cafamily.org.uk

### **Resources for Specific Conditions**

- Allergy UK
   <a href="https://www.allergyuk.org/">https://www.allergyuk.org/</a> and <a href="https://www.allergyuk.org/">https://www.allergyuk.org/</a> information-and-advice/for-schools
- The Anaphylaxis Campaign www.anaphylaxis.org.uk
- SHINE Spina Bifida and Hydrocephalus www.shinecharity.org.uk
- Asthma UK (formerly the National Asthma Campaign) www.asthma.org.uk
- Cystic Fibrosis Trust <u>www.cftrust.org.uk</u>
- Diabetes UK <u>www.diabetes.org.uk</u>
- Epilepsy Action www.epilepsy.org.uk
- National Society for Epilepsy www.epilepsysociety.org.uk
- Hyperactive Children's Support Group www.hacsq.org.uk



- MENCAP <u>www.mencap.org.uk</u>
- National Eczema Society www.eczema.org
- Psoriasis Association

   www.psoriasis-association.org.uk/