

# Health and Wellbeing Day

## 3 July 2024

Join us for this healthy, tasty menu chosen by members of the Junior Leadership Team as part of their Health and Wellbeing Day.

### ALLERGY AWARE MENU

#### Mains:

(Containing 1 protein, 1 carbohydrate portion)

**Chicken and Vegetable Korma 93234515**

**(Contains MUSTARD and SULPHITES)**

**Jacket Potato with Baked Beans 93034839 or Cheese  
93041021 (Contains MILK)**

#### Sides:

(2 of your 5 a day)

**Rainbow Vegetables (Peas, Carrots & Sweetcorn)**

#### Desserts:

(The sugar in all our desserts have been reduced by 33%)

**Raspberry Jelly 93290177**

**Fresh Fruit 93232823**

(1 of your 5 a day)

Only to be served to pupils on the Allergy Aware menu. For bespoke medical diet children, please serve an appropriate dish from their bespoke menu.

**FOOD  
SUPER  
HEROES**

