

Thursday 11th September 2025

Dear Parents/Carers,

**Re: RHE Review**

We are currently reviewing our Relationships and Health Education (RHE) curriculum and policy to ensure our provision remains inclusive and responsive to the needs of our children. As part of this review, we are considering:

- Pupils' age and stage of development
- Their physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities (SEND)

Your voice plays an important role in shaping the RHE education we provide. We want to continually work in partnership with you to ensure our curriculum reflects the needs and values of our school community.

**Here's how you can help:**

We're running a parent meeting on **Thursday 18th September 2025** at 8:45 am. The parent meeting should take no more than 45 minutes.

This session will outline the statutory expectations for RHE and provide an opportunity to share your thoughts on our current policy and curriculum. To support this, we encourage you to visit our RHE page on the school website, where you can find:

- Our [RHE Progression Map](#), which outlines what children are expected to learn by the end of primary school
- Our current [RHE Policy](#)
- Additional resources and book lists used in teaching RHE

If you are planning to attend, it would be helpful to familiarise yourself with these documents in advance. If you are unable to attend the meeting but would still like to contribute, please send your feedback to the school office at [info@inspireforest.co.uk](mailto:info@inspireforest.co.uk) by **Tuesday 24th September 2025**.

Thank you for your time and ongoing support.

Yours sincerely,

Miss Mallett  
RHE Lead