

19th December 2025

Dear Parent/Carer of #name,

**Y5 WEEKLY SWIMMING LESSONS - beginning Tuesday 13th January 2026**

We are pleased to inform you that all Year 5 children will have weekly swimming lessons every Tuesday afternoon during school hours, starting on 13th January and for the rest of the academic year, at Trinity School. We hope that by providing these sessions for your child, they will be swimming independently by the time they finish primary school, a life skill that may promote a lifelong love of swimming and could even save their life one day.

The children will travel by bus to Trinity School swimming pool accompanied by their class teacher and a Learning Support Assistant. Your child will need to bring a **towel** and **swimming trunks/one-piece costume** each week, and will need to wear a **swimming cap** if they have long hair. Children can also wear **goggles** if they so wish. Earrings must be removed by your child and children are not to swim with open wounds or if wearing plasters.

Swimming is part of the National Curriculum and every child must take part in lessons unless there is a medical reason not to. A note of explanation to your child's teacher would be appreciated if your child is unwell and unable to participate in a class. We would require a doctor's letter if your child's illness persists and they miss more than two swimming lessons in a row.

Also, if your child has been absent due to illness on a Monday, they may not be able to go swimming.

If you have any queries, please speak to your child's class teacher or the office.

Thank you for your ongoing support.

Yours sincerely,

Mrs. S. Lloyd  
Headteacher