

Friday 3rd July 2026

Dear Parents and Carers,

Relationships, Health and Science Education in Year 6

This half term, Year 6 pupils will be learning about the following areas as part of our Relationships, Health and Science Education curriculum. The content is taught through the statutory Relationships and Health Education and Science curricula:

- Puberty
- Relationships
- Conception and human reproduction

Through these topics, your child will learn to:

- identify the physical changes associated with puberty;
- understand that feelings and emotions can change during puberty and consider how these changes may affect relationships;
- use appropriate scientific vocabulary to discuss puberty and growing up with confidence;
- understand menstruation and effective ways of managing periods;
- identify the male and female reproductive organs associated with human reproduction;
- understand the process of human reproduction, including conception, pregnancy and birth, at an age-appropriate level.

Any age-appropriate questions that arise during lessons will be answered sensitively, factually and in a manner appropriate to the age and needs of the pupils. All resources used have been reviewed by the school's RSHE lead to ensure that they are suitable and support the agreed curriculum.

We recognise that parents and carers play an important role in supporting their child's understanding of growing up, relationships and health. We encourage you to discuss these topics with your child at home. If you would like further information about the curriculum content or resources used, please do not hesitate to contact the school.

As the content outlined above forms part of the statutory Relationships and Health Education and Science curricula, there is no right to withdraw from these lessons.

Yours sincerely,

*Miss Ballie*

Class Teacher